



MINISTRY OF FOREIGN AFFAIRS  
OF DENMARK

# Sif Holst

Sif Holst is an accomplished disability rights advocate with in-depth knowledge of disability issues and practical experience in developing solutions as well as strong analytical and problem-solving skills. She is respected among researchers, politicians, officials, civil society leaders and persons with disabilities alike, leading by example and lifting up those around her. Sif is focused on collaboration, within the disability movement, but also with representatives from local and national governmental agencies and with other civil society actors, achieving the best results through mainstreaming and creating new paths. She is experienced working in an international setting, with strong Nordic and European ties, through Nordic Council and the EESC and with a history of Development work in the Global South.

Sif inspires, using CRPD as an instrument for change. She contributed to the 2006 Anthology "Children and youth in development work" about children and youth with disability and the CRPD convention, even before the CRPD was adopted. She inspires as a woman with a disability, overcoming obstacles through-out her life and still always with a friendly and calm approach to people. She shows how a person with a disability is so much more than the disability, contributing to society, showing why we should strive towards providing everyone with opportunities and leaving no one behind.

## PROVEN RECORD

Disability rights advocate for the past 20 years, serving on a large number of boards and committees including vice-chair Disabled People's Organisations Denmark, vice-chair Knowledge Center about Disability, board member CABI better work for all.

Proven track record achieving success through cooperation with States and civil society on subjects such as equal health, universal design, independent living, inclusive education and labour market.

Experienced working locally, nationally and internationally. From being an exchange student in Indonesia, undertaking development work in Ghana and Uganda, being member of the European Economic and Social Committee and the Nordic Disability Council.



**PERSONS WITH  
DISABILITIES SHOULD  
BE FULLY INCLUDED  
IN SOCIETY. HAVING  
THE OPPORTUNITY  
TO LIVE FULFILLING  
LIVES, WITH THE  
SAME RIGHTS AND  
OPPORTUNITIES  
AS OTHERS**



[www.sifholst.dk](http://www.sifholst.dk)  
[sho@handicap.dk](mailto:sho@handicap.dk)  
[#votesifcrpd](https://twitter.com/votesifcrpd)  
[@sifholst](https://twitter.com/sifholst)



**‘NOTHING ABOUT US, WITHOUT US’ IS ESSENTIAL. I AM PROUD TO BE THE RIGHT CANDIDATE FOR THIS JOB, A STRONG WOMAN WITH A DISABILITY, WITH THE KNOWLEDGE AND EXPERIENCE NEEDED TO PROVIDE THE BEST RESULTS**

# Sif Holst

## RECOMMENDATIONS

I recommend all state parties to support the election of Sif Holst to the CRPD Committee. As former members of the CRPD Committee I know that she will be a very competent and independent member! She is capable of looking beyond own impairment and make a difference for those that are mostly marginalised, and she have substantial experience in international cooperation aiming at improving the possibilities of persons with disabilities in other countries around the world. She also has experience in collaboration with politicians and civil servants at all levels and from all sectors and has capabilities to propose and promote solutions of mutual understanding and in respect for all stakeholders.



**“ STIG LANGVAD, DENMARK, CRPD COMMITTEE MEMBER 2010-2018**

‘Extremely efficient’ is the phrase that comes to mind when I think about Sif Holst. I’ve had the pleasure of knowing Sif for 15+ years. As a Youth Leader, I was able to work directly with her during the cooperation between Ghana Society of Physically disabled Youth Wing and The Danish Association of the Physically Disabled. Above all, I was highly impressed with Sif’s ability to guide and help nurture a disability youth organisation. She is a strong woman, leader and passionate disability rights advocate who is competent, hardworking, and cooperative. Also, she is honest, enthusiastic, genuine and compassionate. Sif would be a true asset for any positions requiring disability rights advocacy, and leadership and comes with my heartfelt recommendation.



**“ EDMUND ASIEDU, USA, FORMERLY GHANA, ASSISTANT DIRECTOR AT COLUMBIA UNIVERSITY**

It is a great pleasure to warmly recommend my colleague from the Council of Nordic Cooperation on Disability and European Disability Forum. Sif would be a valuable addition to the CRPD Committee especially considering her experience as a proven leader nationally and internationally. It is important that the voices and experience of women with disabilities, and persons with rare disabilities and conditions, will be represented in the CRPD Committee



**“ PIRKKO MAHLAMÄKI, FINLAND, SECRETARY GENERAL AT FINNISH DISABILITY FORUM**

Sif is very enthusiastic, analytical and an empowered leader who is determined to achieve the object of an organisation. Sif’s experience will enable her to articulate issues related to women with disabilities, analyse state party reports with concrete views to push the disability inclusion agenda forward. She is a woman of potential who will inspire many women and girls with disabilities to advocate for the rights of persons with disabilities. Sif is a world leader who should be given an opportunity to serve as a committee member. I highly recommend her to join the Committee on the rights of persons with disabilities.



**“ FLORENCE NDAIRE, UGANDA, HUMAN RIGHT POLICY ADVISOR AT WORLD BLIND UNION**

**DPOD**

DISABLED PEOPLE'S ORGANISATIONS DENMARK

**FOR FULL RECOMMENDATIONS SEE  
WWW.SIFHOLST.DK**

As one of the World's oldest federations of organisations of persons with disabilities, DPOD has since 1934 effectively represented its member organisations, amounting today to 35 and thereby around 340,000 persons with disabilities. DPOD is known as a significant voice in achieving rights of persons with disabilities in Denmark as well as in supporting partner organisations of persons with disabilities in African and Asian countries.